



The CANYON Guildford Town Centre Races 2023

Wednesday 5th July



motion

**CYCLE
EXCHANGE**
Premium Pre-owned Bikes



CANYON

Race Times

The Experience Guildford Under 8 Boys and Girls - 17:45
The Experience Guildford Under 10 Boys and Girls - 18:00
The Experience Guildford Under 12 Boys and Girls - 18:00
The Experience Guildford Under 14 Boys and Girls - 18:15
The Experience Guildford Under 16 Boys and Girls - 18:15
The Cycle Exchange Local Heroes (3rd Cat Only) - 18:45

British Cycling National Circuit Series
The Parcoucs Guildford Womens Grand Prix - 19:30
The Motion Guildford Mens Grand Prix - 20:30

parcoucs

experience**eguildford**



Further information and entry via British Cycling Website.



Charlotteville Cycling Club



Charlotteville CC

Images Courtesy of @pitchsidephotography



Guildford Town Centre Races

Race Manual

Dear Competitor

We are delighted you will be competing in the Guildford Town Centre Races on **Wednesday 5th July 2023**. The team at Charlotteville Cycling Club have been working hard to ensure we can continue the long tradition of races on this exciting and iconic town centre circuit.

It promises to be a fantastic evening racing and this year we are:

- The final round of the **British Cycling Southeast Regional Youth Circuit Series**
- The third round of the **British Cycling National Circuit Series**

We are grateful to our sponsors **Canyon, Motion, Parours, Cycle Exchange, Experience Guildford and Guildford Borough Council**. We have also been supported by **Euro Taxis, Guildford County School, Neil Herbert Carpentry and RGS Guildford** plus a host of smaller donations to our crowdfund campaign. In addition, this year we also have local bike shops **Geared Up Cycles** and **Bike Bros** providing prizes for the all podium placings in every youth race category! Without their support it would be impossible to promote this event.

The race is run under the Technical Regulations of British Cycling.

This document contains important and useful information which will help your evening in Guildford run smoothly and get the most out of your race.

Best wishes

Austin Bell

Event Organiser

austin@bellandspoke.com

S U P P O R T E D B Y



G U I L D F O R D
B O R O U G H

motion

parours

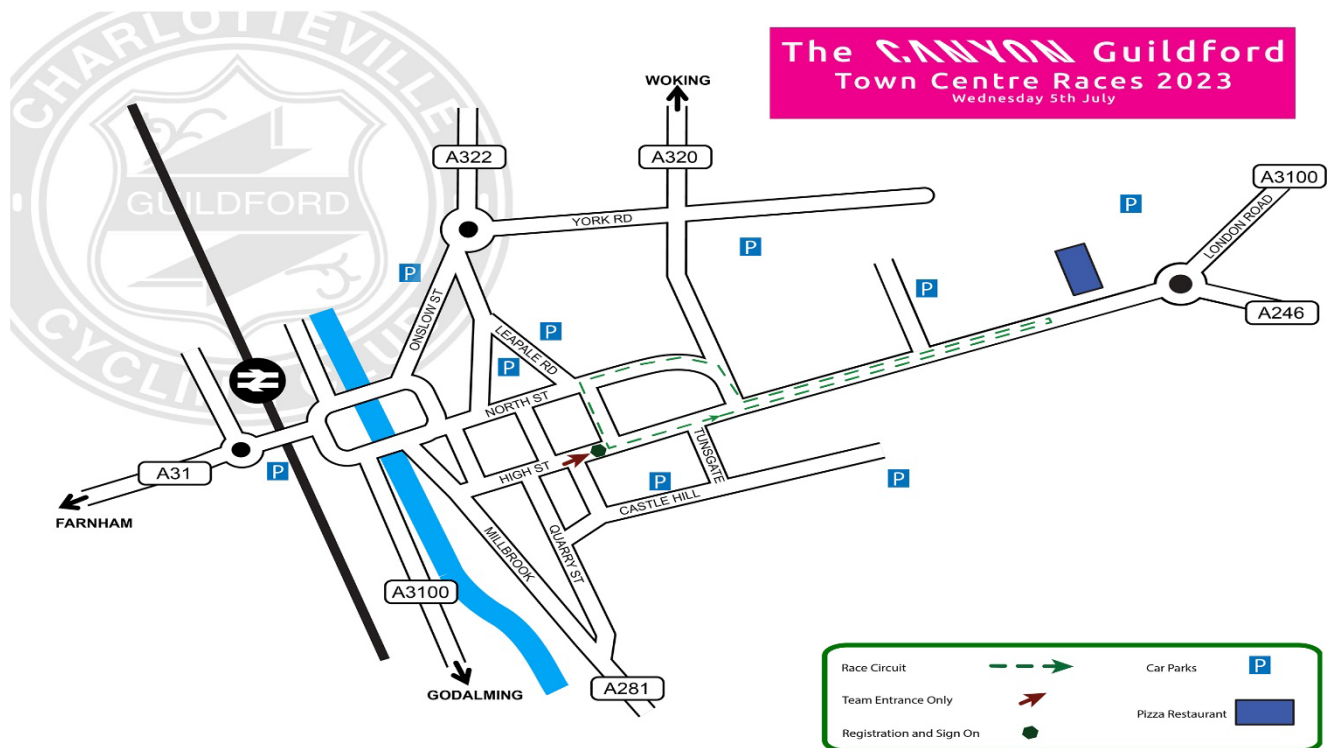
experience**g**uildford™

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Getting Here

Race HQ

- Race HQ is at the Trinity Centre, Trinity Churchyard, GU1 3RR – up the passageway to the left of Holy Trinity Church.
- However, we only use this to provide WC and changing facilities for competitors. It is not manned or secure – do not leave anything there.
- You will find the race organisation either at the top of the High Street next to the finish line, or further down the cobbled High Street next to Tunsgate.



Trains

- Guildford main line station, and London Road station are a few minutes walk from the circuit.

Parking

- There is plenty of paid parking available as follows: Leapale Road; York Road; G Live; Upper High Street; Castle Street; Bright Hill

Toilets

- Competitor WC's are located in the Trinity Centre noted above, there are other public WC's close by.

Team Parking

- Teams can park on the lower part of the High Street, below the race circuit, and by advanced agreement with the event organiser. Access is from the A281 and the bottom of the High Street. The barrier will be operated by the cycling club.

Event Timing

Event	Duration	Signing On Closes	Time / Race Start Time
Road Closure begins (cobble High Street)			14:00
Road Closures complete (all roads)			15:00
Team Parking available (by agreement)			15:00
The Experience Guildford Under 8 Boys and Girls Race	2 laps	17:30	17:45
The Experience Guildford Under 10 & Under 12 Boys and Girls Race	10 minutes + 2 laps	17:40	18:00
The Experience Guildford Under 14 & Under 16 Boys and Girls Race	15 minutes + 5 laps	17:55	18:15
The Cycle Exchange Local Heroes Race	Regional C+ 25 minutes + 5 laps	18:25	18:45
Youth Races Prize Presentation			19:00
Sight lap and gridding for Women's Grand Prix			19:20
The Parours Guildford Women's Grand Prix (part of the British Cycling 2023 National Circuit Series)	National A 40 minutes + 5 laps	19:00	19:30
Local Heroes Prize Presentation			19:45
Sight lap and gridding for Men's Grand Prix			20:15
The Motion Guildford Men's Grand Prix (part of the British Cycling 2023 National Circuit Series)	National A 50 minutes + 10 laps	20:00	20:30
Women's & Men's Prize Presentations			21:45
Roads re-open			22:00

Race Sign On

When You Arrive to Sign On

- We don't have the Covid-19 restrictions we had in 2021 but we are continuing with sign-on being in the open air on the High Street – look out for the Charlottesville Cycling Club gazebo.
- As for recent years we are not using Lower Trinity Hall as our HQ – it is for WC facilities only.

Sign On Opens:

- For **youth riders – from 16:30**
- For **adult riders – from 17:00 at a separate desk – adults - please do not crowd out the youth sign on!**
- Sign on closes at times shown on previous page.
- After this point any reserve riders who are present are able to sign on

Youth Gear Check

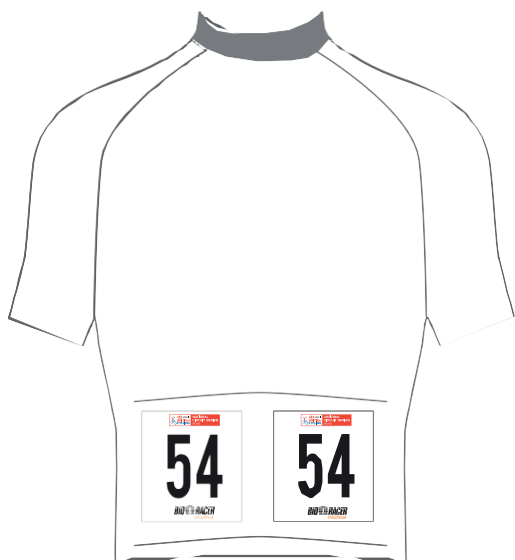
- All youth riders must have their gears checked. We will do this adjacent to the Sign On area.
- **PARENTS** – Please make sure you have adjusted gears in advance in accordance with the BC Technical Regulations – we will help, but we do not have time to adjust everybody's gears – priority will be given to those who have come prepared.
- Once checked you will be given a sticker for your licence – take this with you to the Sign On desk.

Category	Age	Gear Size
Youth A	U16	6.93m
Youth B	U14	6.45m
Youth C	U12	6.05m
Youth D	U10	5.40m
Youth E	U8	5.10m

At Sign On

- We will check your BC licence corresponds to the sign on sheet – we will not keep your licence.
- You will be asked to confirm that you agree to abide by the Bye Laws and Technical Regulations of BC and that you are participating at your own risk.
- You can then take your rider pack which includes two race numbers and pins which must be worn on your lower back, unfolded and attached as shown in the diagram below, plus a frame number and zip ties. These are not to be returned.

Race & Frame Numbers

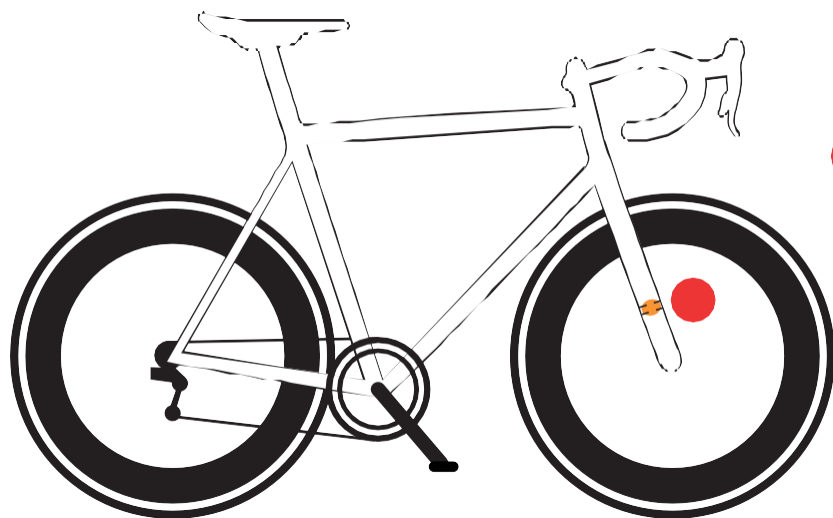


All riders must wear race numbers (two, to be fixed left and right on the lower back). Race numbers must not be defaced / folded in any way shape or form. Failure to adhere to this regulation may result in non-placing of a rider and / or fine. Appropriate team clothing plus helmets must be worn at all times when riding on the circuit.

**DO NOT FOLD RACE NUMBERS
THIS BLOCKS SPONSORS LOGOS**

Transponders / Timing Chips


- Your rider pack will include your timing transponder plus zip ties - please make sure you fit it securely as shown below:



Transponder Position

It is your responsibility to return the transponder when you have finished and to make sure it is registered / signed back in. Unreturned transponders will be charged to competitors at a cost of £102.

The Circuit

- All of Guildford Town Centre Races take place on a closed circuit in the town centre.
 - We are using two circuits this year:
 - The original circuit for the Youth and 3rd Cat / Local Heroes races which is approximately 600m long.
 - An extended circuit for the National Circuit Series races which is approximately 1km long.
 - Each circuit is described further below. It is on a mix of cobbles, pavements and tarmac.
 - There is a speed table on the descent of North Street to watch out for.
 - There is a chamfered transition kerb (see below) where riders turn 90deg left from the tarmac of North Street descent into the pavements of the Market Street ascent (like a one-sided speed bump) – so please take care.
- 
- All riders will get a “sight lap” before racing starts.
 - **Ride Assembly / Entry** to the course for participants is from the **lower end of the High Street** – riders entering at the top will be sent round to join the back of the field – relegated!
 - **Rider Exit** from the course will be either:
 - At the **bottom of the course** at the High Street / Market Street junction as directed by race officials.
 - Via the **pits in the National Series Races**

Circuit Safety

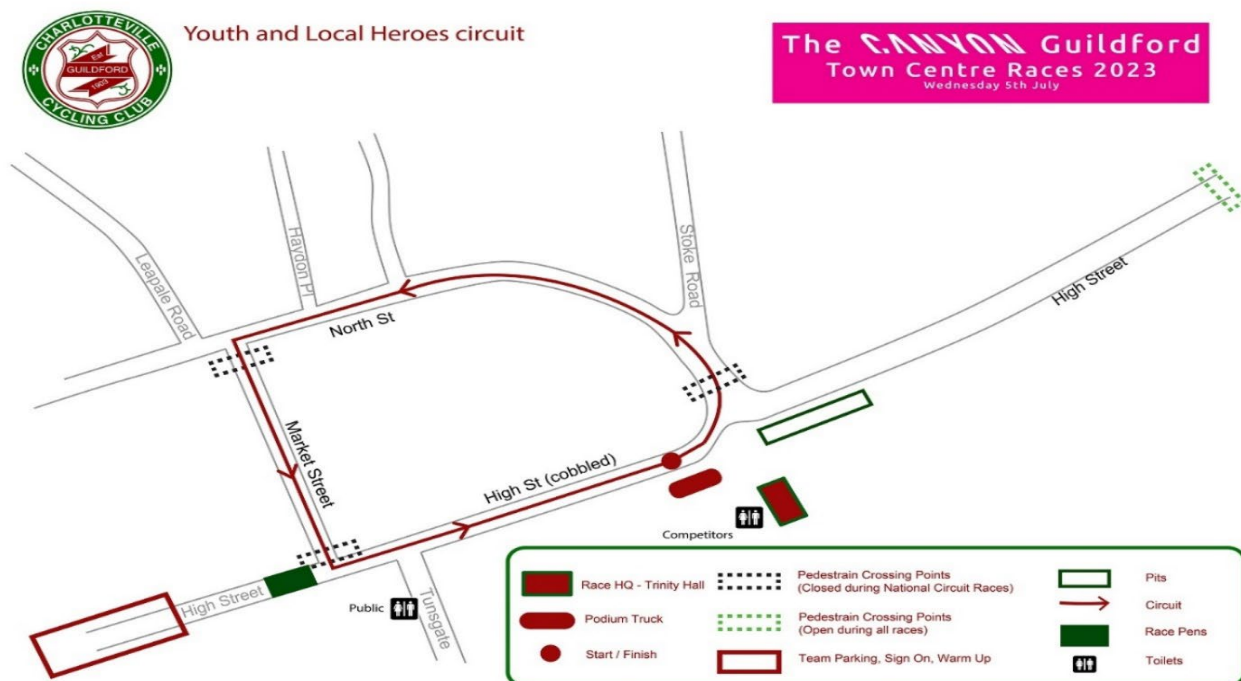
- The roads for the Guildford Town Centre Races are scheduled to be closed to traffic from 14:00 onwards – however from this time the circuit will be in construction, there will be vehicles present, and potentially drivers who have parked off the street may be exiting the area.
- Competitors must **not go on to the course** until it is completely closed and cleared by the marshals, and they are given permission to.
- Competitors must follow the marshals instructions.
- **Failure to obey the marshals’ instructions or accessing the course prior to the course being declared safe will result in riders being excluded from racing.**

Warming Up

- Do not ride on the circuit prior to your race unless permission is given by British Cycling commissaires and marshals. It takes us time to fully close the roads and make sure there are no cars still trying to exit car parks.
- Youth riders should not ride unsupervised on the roads near the circuit – if you do you may be disqualified from competing. They are busy, dangerous and congested due to the event. Find a quiet spot and use rollers.
- For those of you that have raced here before, you will know that the pavement areas at the top of the High Street often became congested as riders signed on and warmed up and this created bottlenecks for pedestrians, spectators and other riders – please be respectful of the general public.
- There will be lots of space on the High Street to warm up using rollers or a turbo.
- The club reserves the right to bar riders from racing if they fail to comply with the guidelines

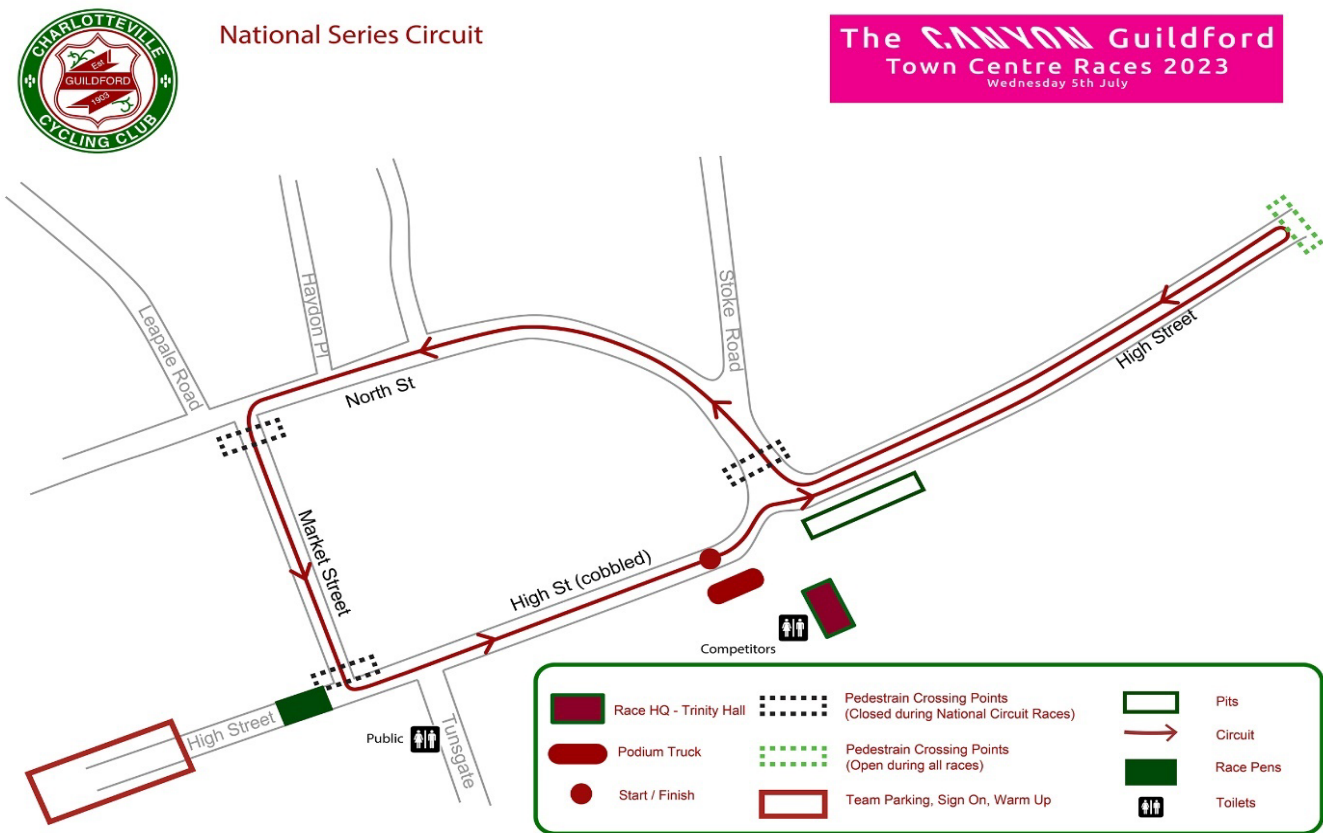
Youth & Local Heroes Circuit

This is the traditional circuit at Guildford. It starts on the High Street adjacent to Holy Trinity Church. The route narrows at the top of the High Street and once through this the riders make a sweeping left at the junction into North Street. There is a marshaled Crossing Point which utilises the existing pedestrian crossing just after this junction. The route then continues along and down North Street which is tarmac with a speed table near the top. The circuit then makes a 90deg left hand turn into Market Street (note the chamfered transition kerb) where the road narrows into a paved side street. There will be marshaled Crossing Point at this junction. The circuit then continues up Market Street and makes another 90deg left turn into the cobbled High Street. There is a marshaled Crossing Point at this junction. The circuit then continues up the High Street with the finish line outside Holy Trinity Church.



Extended Circuit for the National Circuit Series Races

The circuit starts on the High Street adjacent to Holy Trinity Church. The route narrows at the top of the High Street and once through this the riders bear right at the junction and continue up the upper High Street A3100 on the right-hand side of the carriageway. The circuit passes the “service pits” on the right-hand side and continues to the upper end of the High Street where it does a **U-turn** prior to the speed table prior to Pizza Express. The circuit then continues back down Upper High Street, on the “wrong side of the road” before making a 90deg right hand turn next to Rymans into North Street. There will be no Crossing Points in this section due to the speed the riders will be moving. Pedestrians will be able to cross around the circuit where it performed a U-turn. The route then continues along and down North Street which is tarmac with a speed table near the top. The circuit then makes a 90deg left hand turn into the paved Market Street (note the chamfered transition kerb) where the road narrows. There will be marshaled Crossing Point at this junction. The circuit then continues up Market Street and makes another 90deg left turn into the cobbled High Street. There is a marshaled Crossing Point at this junction. The circuit then continues up the High Street with the finish line outside Holy Trinity Church.



Mechanicals and Laps Out

- **THERE ARE NO LAPS OUT.** If you have a mechanical issue then you can receive service from the pits only – which are located to the right hand side just after the finish line. The pits are only available for the National Series Races.

Lapped Riders (National Circuit Series)

- In the event of rider(s) being lapped by the leading group, these lapped rider(s) will continue until three laps to go, where they will be withdrawn and placed, after sprinting for position on the line.
- All riders when retiring from the race, whether individually or as a part of a group, must retire via the Pit Area and in no circumstances cross the finish line again, riders who insist on doing this will be penalised (unless instructed differently).
- Lapped riders must not impede the progress of the lapping riders, nor must they manipulate the outcome of the race. Riders found to be deliberately flouting this regulation will be penalised. Riders that are lapped and do not heed the instructions from the Chief Commissaire or Commissaire Panel to withdraw will be disqualified.
- A rider(s) will be considered lapped when the leading rider(s) make the junction with the rear of the group that they are within.

Blue Flag (National Circuit Series)

- In the final three laps of the race, if a rider/group of riders are likely to be caught by the race leader(s) they will be shown a blue flag by a race official to indicate that they are about to be lapped. If shown the blue flag, riders must keep tight to the left-hand side of the circuit to allow the safe and clear passage of the leading riders.

Results & Prizes

- Results for the National Circuit Series Races can be found at <https://tinyurl.com/EliteNationalSeries>



- Prizes for National Circuit Series are £2000 per race shared across the first 20 places according to the series regulations.
- There will also be non-cash prizes for the support races for all podium positions in every race category.